

Possible Foodie Dice Combinations

Spring Veggies	Summer Veggies	Fall Veggies	Winter veggies
Dandelion Greens	Bell Peppers	Mustard Greens	Carrots
Peas	Zucchini	Brussels Sprouts	Parsnips
Asparagus	Eggplant	Squash	Cabbage
Artichokes	Tomatoes	Chard	Fennel
Spinach	Corn	Broccoli	Endives
Radishes	Green Beans	Arugula	Kale

Cooking Methods	Protein	Grains/Carbs	Herbs	Bonus Ingredients
Grill	Beef or Tempeh	Rice	Rosemary	Mushrooms
Roast/Bake	Chicken or Tofu	Quinoa	Basil	Bacon
Broil	Turkey or Seitan	Pasta	Oregano	Nuts
Sauté	Fish or Cheese	Polenta	Cilantro	Onions
Pan fry	Pork or Eggs	Potato	Thyme	Lemon
Braise	Lamb or Beans	Millet	Dill	Garlic